

Full Face Mask Sizing Guide

(Bridge of Nose)


How to Use the Sizing Guide:

1) Print this sizing guide with "Page Scaling" set to "None" for a $100 \%$ actual size.

Verify by checking that the 1 inch box in the top left corner in fact measures 1 inch.
2) Cut the sheet along the vertical dashed line on the right.
3) While in front of a mirror, place the sheet over one side of your face as shown in the picture above.
4) Align the line below with the bottom of your chin.
5) Find the line above that is closest to aligning with the bridge of your nose.

The corresponding size indicator on the left of that line is your cushion size.

