ComfortGel Full and ComfortFull 2 mask patient and clinician fitting guide

Sizing the mask

Use either the plastic sizing gauge or the gauge that is part of the mask package to determine the appropriate mask size.

Place the sizing gauge over the nose and mouth. The mouth should be open slightly. Choose the smallest size mask cushion that is wider than the mouth and long enough to extend beyond the lower lip.

Preparing the mask for fitting

Loosen the straps on the headgear using the EZPeel tabs.

Gently squeeze the sides of the StabilitySelector and slide the arm upward to set the forehead support arm to its highest position.

Next, disconnect the headgear by releasing one or both ball-and-socket Quick Clip(s) from the faceplate socket(s).

Making initial adjustments

Make initial adjustments while sitting.

1. Place the mask cushion against the face by first setting the base of the cushion under the lower lip then rolling the cushion up over the nose. Be sure the mouth remains slightly open.

2. Pull the headgear over the head.

3. For easy attachment of a Quick Clip, use the finger as a guide to find the position of the socket and press the clip into the socket.

PHILIPS

RESPIRONICS

4. Adjust the top headgear straps by using the EZPeel tabs. Be sure that they are tightened evenly and the forehead pad is lightly touching the forehead.

5. Adjust the bottom headgear straps using the EZPeel tabs until they are even and the mask is gently sitting on the face. The mask should **not** feel tight.

6. Be sure that the top and bottom straps of the headgear are **parallel** and the back headgear panel lies flat against the head.

Correct fit:
The headgear should fit snug but comfortably. The mask should be loose enough to allow a finger to run under the headgear straps. Do **not** over-tighten the headgear.

Incorrect fit:
If the skin bulges around the mask or there are red marks or impressions on the skin, loosen the headgear straps.

Making final adjustments

Attach the tubing to the swivel elbow and turn on the air.

Make final adjustments while lying down. If the forehead pad does not rest lightly against the forehead, adjust the upper headgear straps.

If necessary, adjust the bottom straps so that the mask is snug but comfortable against the face.

Identifying leaks

Turn on the PAP and gradually raise the pressure to the prescribed level. Turn the head from side to side while lying on the bed and with the mouth open slightly.

Identify areas of leak that may prevent the ability to sleep.

Adjusting for leaks

In the event of leaks, follow these recommended methods to obtain a better seal:

1. Re-seat the mask. Pull the mask directly away from the face and gently set it back into place. This allows the cushion and flap to create a new seal on the face.

2. Adjust the StabilitySelector to correct for any leaks.
   This is a critical step in the fitting process.
   Problem: Leaks around the nose or into the eyes.
   Solution: Adjust the StabilitySelector to a **lower** position by gently squeezing the arms of the StabilitySelector and sliding it downward to a lower position. This will bring the **top** of the cushion closer to the face. If necessary, re-seat the mask again.

   Problem: Leaks around or below the mouth.
   Solution: Adjust the StabilitySelector to a higher position by gently squeezing the arms of the StabilitySelector and sliding it upward to a **higher** position. This will bring the **bottom** of the cushion closer to the face. If necessary, re-seat the mask again.

3. Tighten the headgear. If leaks are still present, apply pressure with the fingers directly to the mask in the location of the leak. If this eliminates the leak, tighten the headgear straps closest to the leak to accommodate the seal. Do **not** over-tighten the headgear.

Note: Excessive tightening of the headgear may cause unnecessary discomfort and actually cause leaks. Remember, not all leaks need to be corrected.

Removing the mask

To remove the mask, disconnect one or both ball-and-socket Quick Clip(s). Grab the bottom of the headgear on the back of the head and pull the mask gently up and over the head.

Use the Quick Clip to remove the mask and maintain mask and headgear adjustments from day-to-day.

Removing the ComfortGel Full cushion and flap

To remove the cushion and flap with the integrated retaining ring:

1. Lift up on the tabs at the bottom of the mask's integrated retaining ring.

2. Remove the cushion and flap.

3. Separate the cushion from the flap.

Attaching the ComfortGel Full cushion

1. Place the gel cushion on the ledge of the faceplate.

2. Place the flap with its integrated retaining ring down over the gel cushion.

3. Press firmly on the retaining ring until all sides click into place.

4. Gently tug on the cushion and the ring to make sure all the parts are securely in place.

Please visit www.philips.com/respironics

Respironics, ComfortFull, ComfortGel, EZPeel, Quick Clip and StabilitySelector are trademarks of Respironics, Inc. and its affiliates, all rights reserved.

PHILIPS